

Curriculum Vitae

Nancy M. Ballard
Assistant Professor
2022

Kennesaw State University
Prillaman Hall, Rm 3114, 520 Parliament Garden Way
Office – 470.578.6993
nballard@kennesaw.edu

EDUCATION

- May, 2015 PhD, University of Kansas, Kansas City, Kansas, Nursing
- May, 1993 MSN, Medical College of Georgia, Augusta, Georgia, Nursing
- May, 1982 BSN, Brenau University, Gainesville, Georgia, Nursing
- May, 1972 ADN, Kennesaw State University

PROFESSIONAL EXPRIENCE

- 6/16-Present **Assistant Professor Wellstar School of Nursing-** Faculty in the Masters in Nursing Leadership, Coordinator of the Nursing Administration & Transformational Leadership.
- 2/12-6/2016 **WellStar Health System, Director of Professional Practice & WellStar Distinguished Faculty at KSU-** Supported nursing research, Magnet® designation and Clinical Advancement program for a five hospital system with fifty percent of time dedicated to development of a graduate faculty position in the Nursing Leadership program at KSU and improvement in academic practice collaboration.
- 7/08-2/2012 **Wellstar Health Systems, Director Center for Nursing Excellence-** Oversight of operations and system programs for nursing research, shared governance, clinical advancement and Magnet® designation. Provided consultation to nursing leadership and clinical nursing.
- 4/04-7/2008 **WellStar Health Systems, Cardiac Outcomes Coordinator-** Managed data analysis and coordinated multi-disciplinary committees/ teams to review clinical outcomes related to cardio-vascular data for a five hospital system. Planned and implement the department with oversight of budget, staffing, and contracting for data-base participation for four national databases.
- 12/00-4/2004 **WellStar Health Systems, Critical Care Clinical Nurse Specialist-** Responsible for development and coordination of critical care education. Past

Chair Nursing Research Committee, Served on the following committees: Co-Chair Code Committee, Human Research Review Committee, Critical Care Committees. Facilitator for practice change and nursing research.

- 3/95-12/2000 **Kennestone Hospital- Clinical Nurse Cardiac Catheterization lab-** Assisted with diagnostic cardiac procedures.
- 1/95-12/2000 **Consultant Cardiac Program Development-** Assisted home health agencies in developing cardiac specialty home care programs. Included policy assessment/development and staff training.
- 2/93-12/1994 **Cardiac Solutions Clinical Manager-** Opened and organized cardiac specialty homecare service in Georgia for a national for-profit company. Provided high quality homecare management for heart failure, cardiac surgery, and other cardiac diagnoses. Decreased heart failure readmissions by 40-60%. Managed operations until the company relocated outside of Georgia.
- 1/89-2/1993 **Kennestone Hospital, Nurse Manager Coronary Care Unit and Phase I Cardiac Rehabilitation Program-** Twenty-four hour accountability for CCU and over-sight of Phase I Cardiac Rehab. Program. Responsible for budget planning and monitoring. Planned and opened a new 12 bed CCU. Collaborated with other critical care managers to implement a shared governance practice model. Developed a staff nurse rotation plan for phase I cardiac rehab program.
- 1/82-1/1989 **Kennestone Hospital, Clinical Coordinator Cardiac Rehabilitation-** Planned, implemented and managed the initial Phase I Cardiac Rehab program. Developed 100% referral of all acute myocardial infarction patients from physician referral base.
- 6/72-1/1982 **Kennestone Hospital & Cherokee Atomedical Hospital-** Clinical nurse in critical care, surgery, and post-anesthesia care

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Nurses Association
Georgia Nurses Association & Northwest Chapter
Sigma Theta Tau International & Mu Phi Chapter of Sigma Theta
American Association of Critical Care Nurses
American Organization of Nurse Leaders
Southern Nursing Research Society

HONORS, AWARDS, AND FELLOWSHIPS

Excellence in Nursing Research, 2004 & 2008, WellStar Health System, Marietta Georgia
Beverly Farnsworth Leadership Award, 2011, Mu Phi Chapter Sigma Theta Tau, Kennesaw, Georgia
Distinguished Alumni Award, 2014, Kennesaw State University Alumni Association

RESEARCH AND CREATIVE ACTIVITY;

PUBLICATIONS

- Spiva, L., Hedenstrom, L., **Ballard, N.**, Buitrago, P., Davis, S., Hogue, V., Box, M., Tasoobsnirazi, G., & Case-Wirth, J. (2021). Nurse leader training and strength-based coaching: Impact on leadership style and resiliency. *Nursing Management*, 52 (10), 43-50. doi: 10.1097/01.NUMA.0000792024.36056.c0.
- Lovett, L., **Ballard, N.**, VanBrackel, L., Stewart, S., J., Stinnett, L., & Jones-Foster, Z. (2021). Impact of specific rounding model and an EMR-driven discharge readiness tool on improving length of stay. *Physician Leadership Journal*. In Press.
- Leclerc, L., Maxwell, R., Peters, Elizabeth, **Ballard, N.**, & VanBrackel, L. (2020). Challenges in Conducting a Psychometric Study to Establish Sensitivity and Specificity of a Nurse-Driven Stroke Swallow Screen. *SAGE Research Case Reviews*. Online
- Ballard, N.**, Varagona, L., Stilson, R., Knotts, K., Sacerio, J. (2020). Joan, *SAGE Research Case Reviews*. Online. doi: <https://dx.doi.org/10.4135/9781529732719>
- Ballard, N.**, Boyle, D., & Bott, M. (2015). Evaluation of elements of the nursing worklife model using Unit level data. *Western Journal of Nursing Research*. Advance online publication. doi:10.1177/0193945915581628
- Ballard, N.**, Bairan, A., Newberry, L., VanBrackel, L., & Barnett, G. (2011). Effect of education on a chest pain mnemonic on door-to-ECG Time. *Journal of Emergency Nursing*, 37(3), 220-224.
- Robley, L. **Ballard, N.**, & Holtzman, D. (2010). The experience of stress for open heart surgery patients and their caregivers. *Western Journal of Nursing Research*, 32(6), 794-813
- Ballard, N.** (2010). Factors in success and breakdown of shared governance. *Journal of Nursing Administration*. 40(10), 411-416.
- Newberry, L., Barnett, G., & **Ballard, N.** (2005) A new mnemonic for chest pain assessment. *Journal of Emergency Nursing*. February 31(1), 84-85.
- Ballard, N.**, Robley, L., Barrett, D., Fraser, D. & Mendoza, I. (2006) Patients' recollections of therapeutic paralysis in the intensive care unit. *American Journal of Critical Care*, 15 (1), 86-94.
- Fraser, D., Robley, L., **Ballard, N.**, & Peno-Green, L. (January-March, 2006). Development of an insulin nomogram for intensive insulin therapy. *Critical Care Nursing Quarterly*, 29(1), 96-105.

Refereed Chapters in Books:

- Ballard, N. M., Tussing, T. E., & Wei, H. (2022).** Developing nursing leadership skills and capacity. In H. Wei & S. Horton-Deutsch (Eds.), *Visionary leadership in healthcare: Excellence in practice, policy, and ethics*. Indianapolis, IN: Sigma Theta Tau International.
- Ballard, N.** Rhythm recognition and ekg interpretation. In Newberry, L. & Criddle, L. (eds), *Sheehy's Manual of Emergency Care* (6th ed) 2005.

PRESENTATIONS

Refereed Conference Presentations:

- Maxwell, R., Peters, E., Leclerc, L. **Ballard, N.**, & VanBrackel, L. (2019, November). *Establishing sensitivity and specificity of the maxwell swallow screen*. Invited Poster from

- Best of AHA Specialty Conferences Presented at Scientific Sessions sponsored by the American Heart Association, Philadelphia, PA.
- Maxwell, R., Peters, E., Leclerc, L. **Ballard, N.**, & VanBrackel, L. (2019, February). *Establishing sensitivity and specificity of the maxwell swallow screen*. Presented at International Stroke Conference of the American Heart/American Stroke Association, Honolulu, HI.
- Ballard, N.** & Varagona, L. (2017, September). *Development of a perceived team trustworthiness indicator*. Presented at the International Nursing Administration Research Conference conducted by the Council on Graduate Education for Administration in Nursing of the American Association of Nursing Leaders.
- Garlow, L., Ulbricht, L., Johnson, A., Van Ness, J., Petefish, J., Petruccelli, S., Coetzee, A., Ritter, T., Renz, B., Moton, L., & **Ballard, N.** (2017, September). *Trauma nurse fellowship: developing the novice trauma nurse*. Poster Presentation at Emergency Nursing Conference sponsored by the Emergency Nurses Association, St. Louis, MO.
- Ballard, N.**, Gajewski, B., Park, S., Miller, P., Popkess-Vawter, S., & Bott, M. (2017, July). *Association of catheter associated urinary tract infection with the practice environment at the unit level*. Presented at International Research Congress sponsored by Sigma Theta Tau International, Dublin, Ireland.
- Ballard, N.** (2016, February). *Building a nursing research program in a community hospital system*. Presented at 30th Annual Conference sponsored by the Southern Nursing Research
- Ballard, N.**, Gajewski, B., Park, S., Miller, P., Popkess-Vawter, S., & Bott, M. (2016, March). *Association of catheter associated urinary tract infection with the practice environment at the unit level*. Presented at Connecting Quality, Safety and Staffing to Improve Outcomes sponsored by the American Nurses Association, Lake Buena Vista, Fla.
- Joyce, K. & **Ballard, N.** (2015, May) *Nurse Grief in the ICU: A Descriptive Study* Presented at National Teaching Institute Sponsored by the American Association of Critical Care Nurses, San Diego, CA.
- Ballard, N.**, Adkins, B., & Platt, A. (2014, March) *Primary care nurse practitioners' experience with weight management*. Poster Presentation at 38th Annual Research Conference sponsored by Midwest Nursing Research Society, St. Louis, MO.
- Ballard, N.**, Boyle, D. & Bott, M. (2013, February). *Evaluation of selected components of the nurse worklife model*. Presented at the NDNQI National Quality Conference sponsored by the American Nurses Association, Phoenix, AZ.
- Ballard, N.**, Boyle, D. & Bott, M. (2013, February). *Evaluation of selected components of the nurse worklife model*. Presented at SNRS Annual Research Conference, Little Rock, AK
- Robley, L., **Ballard, N.**, & Holtzman, D. (2009, February). *The experience of stress for the open-heart surgery patients and caregiver*. Presented at SNRS Annual Research Conference sponsored by the Southern Nursing Research Society, Baltimore, MD
- Ballard, N.** (2008) *The effect of a new chest pain Mnemonic on door to EKG times on patients arriving by self-transport*. Poster presentation at the National Cardiac Data Registry Annual Meeting sponsored by the American College of Cardiology, Washington, D.C.
- Ballard, N.** (2007) *Maintaining the Quality of Your Quality Outcomes*. Poster presentation at the National Cardiac Data Registry Annual Meeting sponsored by the American College of Cardiology, Washington, D.C.
- Ballard, N.**, Robley, L. Barret, D. Fraser, D, and Mendoza, I. (2006, May). *The experience of the patient receiving neuro-muscular blocking agents in the icu*. Poster presentation at the National Teaching Institute sponsored by the American Association of Critical Care Nurses, Anaheim, CA.
- Ballard, N.** & Robley, L. (2006, May) *Learning research together: A community/academic partnership*. Poster presentation at the National Teaching Institute sponsored by the American Association of Critical Care Nurses, Anaheim, CA

PROFESSIONAL SERVICE

KENNESAW STATE UNIVERSITY

University:

Institutional Review Board Appointment- August 2018 to 2020

College:

Chaired Search Committee for WSCHHS Associate Dean – July, 2017

Department or Program:

Chair of MSN Admission, Progression, & Graduation Committee 6/2016 to present

Graduate Program Evaluation Committee member– 2014 & 2015

Graduate Program Evaluation & Curriculum Committee- 2016-Present, Chair 7/2017-Present

Faculty Search Committee- 9/2018-May 2019.

Impaired Nursing Student Policy Task Force – May 2018-Dec.2018

THE PROFESSION

Service to Journal

Reviewer for:

Wiegand, D., Carlson, K. (eds) AACN Procedure Manual for Critical Care. (2005)

Journal of Emergency Nursing 2009 – present

Applied Nursing Research 2021-Present

Western Journal of Nursing Research 2016-present

Service to Professional Organization:

Appraiser and Team Leader for American Nurses Credentialing Center supporting the Magnet® Designation Program – 2004 to the present

American Nurses Association – Reviewer for abstracts submitted for the Annual Nursing Quality Conference and Magnet Conference

Sigma Theta Tau International, Mu Phi At Large Chapter- Past president, Chair Succession Committee.