



Questions For Your Mentor

Purpose: Use this resource to help you strategically plan your mentoring interactions and maximize the value of your discussions. Asking thoughtful questions can provide valuable insights and guidance to support your professional growth.

1. About Your Mentor's Experience

- **Career Path:** Can you share your career journey and what led you to your current role?
- **Challenges:** What were some of the biggest challenges you faced in your career, and how did you overcome them?
- **Successes:** What achievements are you most proud of in your professional life?

2. Goal Setting and Development

- **Goal Alignment:** How can I align my career goals with industry trends and opportunities?
- **Skill Development:** What skills do you think are critical for someone in my position to develop?
- **Career Progression:** What steps should I take to advance in my career or transition to a new role?

3. Industry Insights

- **Trends:** What are the current trends and future directions in our industry or field?
- **Opportunities:** Are there emerging opportunities or challenges I should be aware of?
- **Networking:** How can I build and leverage a professional network in this industry?

4. Personal and Professional Growth

- **Feedback:** What are your observations on my strengths and areas for improvement?
- **Learning Resources:** Can you recommend books, courses, or resources that could help with my development?
- **Work-Life Balance:** How do you manage work-life balance, and what strategies do you use to maintain it?

5. Problem-Solving and Decision-Making

- **Decision-Making:** How do you approach complex decision-making processes in your role?
- **Problem-Solving:** Can you provide an example of a difficult problem you solved and the steps you took?
- **Advice:** What advice would you give someone facing a challenging situation similar to what I'm experiencing?

6. Mentoring Relationship

- **Expectations:** What are your expectations for our mentoring relationship, and how can I best support those expectations?
- **Communication:** How often would you like to meet, and what format works best for you (e.g., in-person, virtual)?
- **Feedback:** How can we ensure that our feedback is constructive and helpful for both of us?



Questions For Your Mentor

7. Career and Professional Development

- **Career Milestones:** What milestones should I aim for in my career development?
- **Career Paths:** What alternative career paths should I consider based on my skills and interests?
- **Industry Skills:** What specific industry skills should I focus on developing to stay competitive?

8. Personal Insights

- **Mentorship Impact:** How has having a mentor impacted your career?
 - **Learning Moments:** What were the most valuable lessons you learned from your mentors?
 - **Advice:** If you could give one piece of advice to someone starting out in their career, what would it be?
-

Action Steps:

1. **Review Questions:** Select the questions that are most relevant to your current needs and goals.
2. **Prepare for Discussions:** Prepare your questions in advance of your mentoring meetings.
3. **Take Notes:** Record your mentor's responses and insights for future reference.
4. **Follow-Up:** Use the information gained to inform your development plan and discuss follow-up questions in subsequent meetings.

By asking thoughtful and strategic questions, you can make the most of your mentoring relationship and gain valuable insights to support your professional growth.