



The Lookout



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Summer & August 2019 Issue



CAPT Patrick V. Foege, USN assumed command of Naval ROTC Atlanta Region from CAPT Baron V. Reinhold, USN at Dobbins Air Reserve Base on August 31, 2019.

Photos courtesy of MIDN 3/C Bucci

NROTC Atlanta Region Holds Change of Command

MIDN 3/C Tanksley

Atlanta Region NROTC midshipman and staff participated in a time-honored naval tradition on Saturday, August 31st at Dobbins Air Reserve Base. Not only did midshipmen get to experience CAPT Reinhold’s retirement, but also the change of command ceremony passing on the reigns to CAPT Foege. The



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More photos on page 3.

change of command ceremony is the transfer of total responsibility, authority, and accountability from one individual to another. It reflects the dedication of free men and women serving their nation proudly. In addition to attending the event, some GT and MH Midshipmen had the honor of participating in the ceremony in a variety of roles. These roles include the sideboys, who rendered salutes to the official party as they entered and left, as well as the color guard, bell ringer, and "Old Glory" flag detail.

All in attendance had the honor of hearing guest speaker Brigadier General Robert B. Sofge, Jr., Deputy Commander, U.S. Marine Corps Forces, Pacific praise Captain Reinhold's many years of dedicated and honorable service, as well as present Captain Reinhold with the Legion of Merit for meritorious work. Captain Reinhold has been with Atlanta Region NROTC for the past four years and has served in the U.S Navy for thirty-five. He has worked tirelessly to help midshipman at both Georgia Tech and Morehouse become the best Naval and Marine Corps officers possible. During the ceremony, Captain Patrick Foege relieved Captain Reinhold as the Commanding Officer of Atlanta Region NROTC. The ceremony was a special event and midshipman will remember it for the rest of their lives. Captain Reinhold has left a lasting impression on Atlanta Region NROTC and will be missed, but the future is bright with Captain Foege in command.



BGen Robert B. Sofge, Jr., USMC is piped aboard.



CAPT Foege gives his remarks during the change of command.



BGen Sofge & CAPT Reinhold.



CAPT Reinhold Retires After 35 Years of Service



FAIR WINDS & FOLLOWING SEAS, SIR!



WE HAVE THE WATCH...



Photos courtesy of MIDN 3/C Stearns



Operation Breaking Point

MIDN 3/C Abusaid

On August 25th, Atlanta Region Naval ROTC held its annual Operation Breaking Point (OBP) at Camp Westminster. During OBP, 4/C midshipmen from both battalions were brought together and pushed to their limits through a high stress training environment. At the break of sunlight, the first evolution was the ammunition can hike where the 4/C moved at a fast mountain pace while carrying and passing ammunition cans among themselves. Right after, they moved on to squad relay PT; squad members would PT while two other squad members would sprint around a grass island. They were then given time to familiarize each other within their squads before moving on to buddy carries and tactical crawls.

Covered on morning dew and sweat, they had accomplished more within the hour than most do in a day, but they were not done. Their next evolution involved teamwork with silent communication. Two 4/C were linked together and blindfolded while their fellow squad mates had to guide them to their directive without speaking. Right after, the team tactics continued with a 1-mile loop patrol where squads would engage each other in a low crawl and

conduct simulated combat before carrying casualties from the engagement to the end of the loop.

Lastly, they conducted the Medal of Honor run, where the midshipmen ran the loop again and stopped at stations. At each stop, a motivated 4/C would sound off and read a Medal of Honor citation of those who made the ultimate sacrifice. Afterwards, the 4/C enjoyed a consortium picnic and an opportunity to enjoy the day.



More photos on pages 6 & 7.





Meet the 4/C



MIDN 4/C Luc Livio
Hometown: New York, NY School: Georgia Tech
Major: Mechanical Engineering
Preferred Service Selection: Aviation
3 Favorite Activities: Rugby, spending time with friends, YouTube
I wanted to join the Navy because I want to fly planes, I felt the need to serve my country, and I thought that I would be a good fit for the job.



MIDN 4/C Sara Farnoli
Hometown: Westbrook, CT School: Georgia Tech
Major: Biomedical Engineering
Preferred Service Selection: Aviation or Surface Warfare
3 Favorite Activities: Tennis and other sports, hanging out with friends, and spending time on the water
I joined the Navy to serve with a group of motivated people and to become a part of something greater than myself.



MIDN 4/C Declan Junjulas
Hometown: Clifton Park, NY School: Georgia Tech
Major: Aerospace Engineering
Preferred Service Selection: Surface Warfare– Nuclear
3 Favorite Activities: Lacrosse, being with friends, listening to music
I joined the Navy because my grandfather always acted as an inspiration to me and he accredits much of his success to the Navy.



MIDN 4/C Isabella Tenenbaum
Hometown: Marietta, GA School: Georgia Tech
Major: Computer Science
Preferred Service Selection: Aviation
3 Favorite Activities: Rock climbing, embroidery, kayaking
I joined the Navy because I want to fly.

Meet the 4/C



MIDN 4/C Frank Malone
Hometown: Houston, TX School: Georgia Tech
Major: Electrical Engineering
Preferred Service Selection: Aviation
3 Favorite Activities: Golf, running, skiing
I want to fly the best planes in the world and serve in the process. I chose ROTC because it would allow me to develop both as a civilian and as a member of the military.



MIDN 4/C Lauren Sigut
Hometown: Latrobe, PA School: Georgia Tech
Major: Mechanical Engineering
Preferred Service Selection: Surface Warfare
3 Favorite Activities: Field hockey, rappelling, and MacGyvering things
I joined the Navy because I want to help secure the blessings that I grew up with in this country for future generations.



MIDN 4/C Anna Blackwell
Hometown: Houston, TX School: Georgia Tech
Major: Civil Engineering
Preferred Service Selection: Surface Warfare
3 Favorite Activities: Running, swimming, and volunteering
I joined the Navy because I wanted to be part of something bigger than myself.



MIDN 4/C Johnny Prohaska
Hometown: Augusta, GA School: Georgia Tech
Major: Business
Preferred Service Selection: Aviation
3 Favorite Activities: Producing music, working out, being with the people I love
I joined the Navy because I want to serve and protect the American people as well as those I love. I want my kids to have the same bright future and opportunities that I had growing up [and] I want to ensure the freedom of the generations to come.

Meet the 4/C



MIDN 4/C Drake Brown

Hometown: Hueytown, AL School: Georgia Tech

Major: Nuclear & Radiological Engineering

Preferred Service Selection: Navy Explosive Ordnance Disposal

3 Favorite Activities: Reading, spending time with family, and listening to music

I decided to join the Navy because I believe that if I did not join it would be something I regret for the rest of my life. Also, I wanted to prove to myself that I could be a part of the world's best naval combat team.



MIDN 4/C Charlie Cook

Hometown: Jacksonville, FL School: Georgia Tech

Major: Materials Science & Engineering

Preferred Service Selection: Aviation

3 Favorite Activities: Volleyball, playing guitar, and spending time with friends

My father and his father before him were both carrier pilots, so there has always been a constant pressure from the Navy on my life.



MIDN 4/C Quint Fain

Hometown: San Rafael, CA School: Georgia Tech

Major: Computer Science

Preferred Service Selection: Special Warfare

3 Favorite Activities: Basketball, weight lifting, camping

I believe the Navy provides the disciplinary backbone I will need throughout college to achieve my long term goals as an officer, and that the program will imbue me with traits of integrity. I also want my baby sister to grow up and be able to look up to her brother and be proud and inspired.



MIDN 4/C Aditya Satya

Hometown: Johns Creek, GA School: Georgia State

Major: Computer Science

Preferred Service Selection: Special Warfare

3 Favorite Activities: Volunteering, playing the piano, and going hiking

I decided to join the Navy as way to serve my country while also pushing myself to become a military officer, something that is deemed unlikely to happen by my community.

Meet the 4/C



MIDN 4/C Patrick McElligott

Hometown: Wake Forest, NC School: Georgia Tech

Major: Nuclear & Radiological Engineering

Preferred Service Selection: Submarines

3 Favorite Activities: Basketball, academic quiz bowl, reading

I decided to join the Navy via ROTC after I was inspired by my 2 engineering teachers in high school ... [having] served in the Marine Corps and Navy ... I was continually amazed at their grasp of discipline and professionalism. They were both some of the most honest and hardworking men I have ever known, and it was clear that their military training was the root cause of that.

MIDN 4/C Michael Miles

Hometown: Kennesaw, GA School: Kennesaw State

Major: Exercise Science

Preferred Service Selection: Marine Corps Infantry

3 Favorite Activities: Lifting, wrestling, video games

I believe that every American should serve in some way, shape or form. In that sense I wanted to be the best of the best so I wanted to join the Marine Corps. At first I was going to enlist, but I met a Master Gunnery Sergeant who told me to go the officer route. This was my best option so I took it.



MIDN 4/C Laura Avellaneda

Hometown: Duluth, GA School: Kennesaw State

Major: Biology

Preferred Service Selection: Surface Warfare

3 Favorite Activities: Traveling, reading, spending time with family and friends

I joined the Navy because I wanted the opportunity to lead and serve as a Naval Officer and the ROTC program provides a strong pathway into the Navy.

MIDN 4/C Josiah Criswell

Hometown: Tomball, TX School: Georgia Tech

Major: Computer Science

Preferred Service Selection: Special Warfare

3 Favorite Activities: Playing sports/working out, coding, reading

I wanted to be part of America's defense, and get to work with and lead sailors. I chose ROTC because it combines the freedom and experience of college life with the training and benefits of the military. For me it was an easy choice.

Meet the 4/C



MIDN 4/C Aidan Perras

Hometown: Houston, TX School: Georgia Tech

Major: Industrial Engineering

Preferred Service Selection: Aviation

3 Favorite Activities: Mountain biking, working out, hiking

I decided that I wanted to pursue a career in the military while I was already in college, so I joined ROTC because it would be the fastest way for me to become officer. I decided I wanted to pursue aviation in the Navy because I grew up hearing my dad's stories of flying the E-2C Hawkeye for the Navy.

MIDN 4/C Padre Asola

Hometown: Valdosta, GA School: Georgia State

Major: Computer Science

Preferred Service Selection: Undecided

3 Favorite Activities: Physical activities, movies, eating

I wanted to join the Marine Corps to better myself and give those who love me an outstanding reason to be proud of me.



MIDN 4/C Nathan Grund

Hometown: Bloomington, MN School: Georgia Tech

Major: Nuclear & Radiological Engineering

Preferred Service Selection: Submariner

3 Favorite Activities: Listening to music, working out, and hanging out with friends

I decided to join the Navy to serve my country and aid in my prospective career in Nuclear Engineering. I chose the ROTC route because I get to be a normal college student and receive training to become a naval officer simultaneously.

MIDN 4/C Michael Massey

Hometown: Jackson, GA School: Georgia State

Major: History

Preferred Service Selection: Surface Warfare

3 Favorite Activities: Fishing, drilling (exhibition), and cigar smoking

The Navy is the culture that appeals the most to me and my earlier experience as the Battalion Commander for my NJROTC unit of 300 cadets absolutely made me more inclined toward the officer route.

2/C Summer Cruise: Sea Trials

MIDN 2/C Korn

This past summer, I had the opportunity to experience the recently established Sea Trials program at Newport, Island. I and about 70 other midshipmen spent the 11 days operating in a simulated high-stress environment that was intended to teach us focus and endurance in situations we may encounter in the Fleet. Every morning, we would be awoken at 0430 to the commanding sounds of our gunnery sergeants who would lead us in morning PT. At the conclusion of PT and morning chow we would begin the day’s training program. On one, we learned how to control intense flooding inside of a ship. On another, we learned how to work as a team and fight searing fires in dark compartments.

At the conclusion of the ten days, we performed in a final crucible in which we went through the proper motions of a sinking ship: navigating, flooding and fire control, ship abandonment, and beach survival in a combat zone. Although this tested our endurance and stress-management skills, our experience over the past ten days allowed us to complete these trials without fault. While Sea Trials is still finding itself, it is the best summer training any midshipman can get in order to understand what a real conflict scenario would be like while underway with the Fleet.

1/C Summer Cruise: Aviation



MIDN 1/C Fenton in an E/A-18G Growler as part of his 1/C Aviation Cruise at NAS Whidbey Island.



Q&A with the Battalion Commanding Officer



MIDN 1/C Hornung

MIDN 2/C Ward

The *Lookout* conducted a Q&A with this semester's BNCO MIDN 1/C Hornung to talk about the upcoming semester and his experience at Georgia Tech NROTC.

Lookout: As the Battalion Commanding Officer, what are your goals for the semester?

MIDN 1/C Hornung: I want to make NROTC as efficient as possible; I don't want us to spend much time on things that don't contribute to our development. This extends to everything- we're not a campus club, so we all don't have to be best friends, but conversely things like MWR events are important training evolutions. We want to do our most to assist our midshipmen; most don't get a lot of sleep already, so we want so we want to be intelligent with what is pushed out.

Lookout: What excites you most about leading the battalion this semester?

MIDN 1/C Hornung: What excites me the most is how it will challenge me. The Battalion Commanding Officer (BNCO) is a unique billet in NROTC- you have full discretion over how much you want to do; your department heads do a lot, so you could sit back and let them go full throttle or vice versa, you can be hands-on micromanaging everyone. Walking that line will be uniquely challenging. Also, I look forward to executing my command vision and seeing where I can take the battalion.

Lookout: What has shaped your outlook as a leader while in Naval ROTC?

MIDN 1/C Hornung: I learned how important role models are. Learning how to model yourself after high powered role models who are leaders in NROTC allows you to see what's important in development. Additionally, you see how to walk the line between being a friend and a fellow shipmate.

Lookout: What advice do you have for underclassmen to achieve success?

MIDN 1/C Hornung: To the 4/c: take care of the little things. At their root, your tasks are incredibly easy despite the fact you have tons of things getting launched your way. Learn how to take care of tasks already being thrown at everyone - you're transitioning out of high school, so everything seems insanely busy, but in time it will slow down. To the 3/c, start challenging yourself, find your leadership style, and learn how to make mis-

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takes and learn from them.

Lookout: What experience has stood out for you most as a learning opportunity?

MIDN 1/C Hornung:

My biggest learning opportunity was being a squad leader when now ENS McGee was the BNCO. Wanting to follow down the same Naval Special Warfare (NSW) path, I spent so much time around him: 6-7 hours a week working out and hanging out with someone who was preparing to go to BUD/S and was the current BNCO. One moment stood out for me. As squad leader I made a simple mistake; McGee had asked my squad member to do something important for CAPT Reinhold and the midshipman instructed did not follow up on the responsibility. I was aware of the situation before and after it happened, and as squad leader I was accountable for the mistake. That week after 0430-0530 NSW training, in the 15 minute wait before battalion PT, then MIDN McGee stepped out of the workout buddy role into the BNCO role and reamed me for making my mistake. Immediately afterwards he stepped back into the workout buddy role. I learned it was incredibly apparent that there was a switch; he had the ability to play both roles and was prepared to do what was necessary in either role. As a workout buddy, he was completely invested in our training, but as BNCO he was completely interested in my development of an officer. Out of context, this might have seemed a trivial NROTC thing, but he let me know that, hey, this is a leadership accountability thing and down the road it'll bear much more of a cost.

1/C Summer Cruise: Surface

MIDN 1/C Rao

My 1/C cruise was aboard USS COMSTOCK LSD-45 out of San Diego. I was unsure if I would be able to go on cruise because I was studying abroad in Ireland this summer, but luckily, I was able to be on board the COMSTOCK for 2 weeks. She was preparing for an upcoming deployment and as a result, multiple inspections needed to be conducted. During my time on board, we were underway for 8 days. I got to listen to engineering casualty drills, observe an underway replenishment, and work on the deck with the Boatswain's mates. I was paired with a LT as my running mate and he allowed me to stand watch with him from 0300-0600 and 1500-1800 everyday. During my time observing watch I was able to speak with the OOD/JOOD and I was even allowed to conn the ship for a bit. I enjoyed my experience on cruise because it gave my insight and exposure into how things truly operate in the fleet; I enjoyed being able to observe command climate and relationship between officers and enlisted.



3/C Summer Cruise: CORTRAMID

MIDN 3/C Dee

Throughout a one month stay on the San Diego Naval Base, midshipmen got to tour the Surface Navy, Submarine Force, Aviation world, and Marine Corps to guide them into choosing which community is best for them. Each community gave midshipmen the chance to talk in depth with both officers and enlisted sailors and Marines in order to get the perspective of the community from the people who live and work the lifestyles every day. After spending nearly a year pouring myself over books and knowledge quizzes in order to gain a sliver of insight to what the Navy was like, I was beyond excited to see firsthand what the Navy is actually like.

Reflecting on CORTRAMID (Career Orientation Training for Midshipmen), it's amazing to think about how much we were able to do in one month. Whether it was shooting machine guns in the desert with the Marines, calling rudder controls on the bridge of an actual nuclear submarine, pulling G's in a T-34 trainer aircraft with a real fighter pilot or getting a taste of what it's like to be down in the dirt with SEAL instructors, the experiences that I had throughout CORTRAMID feel more like something from an action movie than anything I would have ever anticipated myself to do. If you're not completely sold on how excited you are to be a midshipman, try going to CORTRAMID and you will be.

