

National
Preparedness
Month Trainings
& Events

Rave Mass Notification Test 9/4

Campus Safety Days 2024 The Startle Response

Preparing the Parliament is a monthly production of the KSU Department of Public Safety, Office of Emergency Management. This publication is provided to prepare students, faculty, and staff to be ready for and respond to potential emergencies and disasters which may occur on our campuses.

The Director's Desk

James Westbrook Director of Emergency Management

September has come around once again. We have started a new academic year, a new football season in a new conference kicks off in a week, and Autumn is knocking on the door. September is also an important month in Emergency Management – National Preparedness Month. This month, we host our two biggest annual events – our Campus Safety Days on the Marietta and Kennesaw campuses. These events are great opportunities for us to highlight our emergency response and safety partners in the community, as well as all of the safety efforts conducted on campus.

While September is National Preparedness Month, preparedness is a year-round endeavor. Preparedness is the part of emergency management that includes planning, training, and conducting exercises. Preparedness is where we get to spend the majority of our time interacting with our faculty, staff, and students across our campuses. For me, preparedness is the most important part of emergency management. Proper preparation makes response easier because we have the right plans in place, the right resources to respond, and we have practiced doing it before. Proper preparation also means we have a community that is aware of what to do when an emergency occurs. All of these things can aid our community's ability to respond to and recover from an emergency.

So I will use this month's newsletter to encourage all of you to attend our Campus Safety Day events and consider what you would do during an emergency in your building on campus. Where would you go? What would you do? Would you be able to help those around you? If you aren't sure, then take some of our training! We are always willing to bring our training to you and your department as well. A better-prepared Parliament is a safer Parliament!

A MOMENT WITH...

Lisa Duke
Chief of Staff to President
Office of the President



WHAT IS YOUR ROLE AT KSU AND HOW LONG HAVE YOU BEEN AT THE UNIVERSITY?

My current role is Chief of Staff to President Kathy Schwaig. I have been with the University for 20 years.

WHAT MADE YOU DECIDE TO JOIN THE KSU TEAM?

A friend reached out to me suggesting that I consider an advancement position at Kennesaw State University. He spoke highly of the campus community and the strong sense of camaraderie among colleagues. I am forever grateful for his referral.

HOW DOES YOUR ROLE INTERACT WITH EMERGENCY MANAGEMENT?

I work closely with Emergency Management to ensure the President is informed about issues that affect campus operations, life, and culture. I feel fortunate to have a strong relationship with the Emergency Management team that allows us to proactively prepare for emergencies but also provides seamless collaboration when issues arise.

WHAT ABOUT YOUR JOB CONTINUES TO SURPRISE YOU IN A GOOD WAY?

Serving in my role as Chief of Staff has reinforced the belief that we have really great people at Kennesaw State University. I work with individuals across campus, in a variety of roles, and I experience time and again the dedication of our faculty and staff. We accomplish amazing feats at KSU; they are only possible because of our great people.

DO YOU HAVE A FAVORITE KSU TRADITION OR LOCATION ON CAMPUS?

My favorite place on campus is the campus green on the Kennesaw campus. There is always activity on the green!

WHAT DO YOU LIKE TO DO AWAY FROM CAMPUS?

When I am not on campus, I enjoy spending time with my family. We love the outdoors so we do a lot of hiking and travel whenever we can. I also love to read and watch my son participate in his various sporting, music, and scouting activities.

September is NATIONAL PREPAREDNESS MONTH

FEMA designated the month of September as National Preparedness Month! The month serves as a vital reminder for individuals, families, and communities to plan for potential emergencies and disasters. We know that disasters can strike at any time and with little warning, so having a plan for your safety and well-being is crucial. When we think about disasters, we usually think about severe weather events, but we should think beyond weather. Understanding the what-ifs can help you identify your planning needs.

For example, technological disasters seem imminent in today's world. What if cell phone carriers go down for more than a few hours? What if internet capabilities cease for an extended period?

What if another dreaded pandemic hits?
Are we better prepared now?
What would you change from last time in regards to your family's needs?

The best way to prepare is to educate yourself by taking training classes, creating emergency plans, building kits, and getting involved. The Office of Emergency Management is offering preparedness classes all throughout the month of September. Visit oem.kennesaw.edu for the class listings. Also, visit ready.gov for a host of preparedness information.

Mass Notification Test



Wednesday, September 4th



The mass notification system is designed to send rapid emails, text messages, and/or phone message announcements to all KSU faculty, staff, and students.

Rave is an "opt-out" system. This means that faculty, staff, and student data is automatically uploaded into the system and does not require the receiver to register for the system. The system is tested twice annually.

To ensure you receive emergency alerts on your cellphone, please keep your information updated in OwlExpress (students) and/or OneUSG (faculty/staff).

Faculty/Staff

- 1.Log in to your OneUSG account
- 2. Navigate to the "Personal Details" tile
- 3. Click on the "Contact Details" tab
- 4. Fill in the appropriate information under the "Phone" section.

If you would like to receive both text and voice alerts, the phone type must be listed as mobile.

Students

- 1. Log in to your Owl Express account
- 2. Navigate to the "Student Records" tab
- 3. Click on the "Personal Information" link
- 4. Fill in the appropriate information under the "Phone Number" section.

If you would like to receive both text and voice alerts, the phone type must be listed as cellular.

Upcoming Training Opportunities

September									
National Preparedness Month! S M T W T F S									
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30				Registe	er here!			
3 Stop the E)AM-11AM	ntil Help Arriv Center 9AM-						
3 Bomb Threat Management Atrium Building 1PM-2PM				24 Stop the Bleed Academic Learning Center 2PM-3PM					
10 Cybersecurity 101 Virtual via Teams 11AM-12PM				26 Civilian Response to Active Shooter Design 1 Building 10AM-11:30AM					
16 Crime Prevention 101 Academic Learning Center 10AM-11AM				30 Civilian Response to Active Shooter Academic Learning Center 1:30PM-3PM					
23 Classroom Preparedness Virtual via Teams 3PM-4:15PM									

CAMPUS SAFETY DAY 2024

Presented by the KSU
Department of Public
Safety, KSU EHS Fire Safety,
and KSU Office of
Emergency Management



KENNESAW STATE

SPONSORED BY

Sonny's BBQ
Atlanta Falcons
Andretti Indoor Karting
and Games
Rodney's Catering
W.W. Grainger
Six Flags Over Georgia

MARIETTA CAMPUS K FIELD

SEPTEMBER 12, 2024 11AM-1PM

Exhibits | 11AM-1PM



Milwaukee Tools



Georgia State Patrol



Rollover Simulator



Dorm Burn | 1:30PM

EXHIBITS

AirLife Medical Helicopter
Metro Ambulance Service
KSU Victim Services
KSU Safe Center
KSU Police Community Outreach
KSU Police Mobile Command
KSU Special Operations
KSU Police K-9
KSU OEM Incident Response
Cobb Sheriff SWAT Team
GA State Patrol "FAST CAR"
GA State Police Driver Simulator
Marietta Police Department
Marietta Police Crisis K-9

Seat Belt Simulator
Cobb Police Bomb Robot
Marietta Fire Department
Georgia Bikes
Occupational Safety and Health
Administration (OSHA)
W.W. Grainger
Grainger Metal Safety
Ansell
Mechanix
MasterLock
Honeywell
Milwaukee Tools
Andretti Karting Safety

DOOR PRIZE!

Obtain door prize tickets from any exhibit. Winners may choose prize on a first come, first select basis. Must be present to win.

Drawing at 12:45PM at the OEM tent!





CAMPUS SAFETY DAY 2024



KENNESAW STATE UNIVERSITY

DEPARTMENT OF PUBLIC SAFETY AND UNIVERSITY POLICE Office of Emergency Management



Kennesaw Campus Green



Tuesday, September 18, 2024 10:00AM - 2:00PM

Join us for fire safety demonstrations, KSU PD's K-9 unit display, state and local public safety personnel meet and greets, free flu shots for students, dorm burn demo, and more!





THE STARTLE RESPONSE

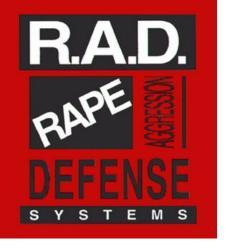
Wayne Randle Emergency Management Coordinator

I was reading this month's blog from the Aero Atlanta Flight Center, where KSU Drone Pilots obtain our licenses, and they had an article about "Startle Response." This reaction occurs when pilots are suddenly faced with an emergency or equipment malady. It describes the delay while the brain processes the emergency.

"For the majority of the time, we become accustomed to expecting normal operations due to the consistent absence of critical incidents. This reduced expectation diminishes the perceived need to mentally rehearse action plans for critical events. Consequently, when an unexpected event does occur, it can significantly heighten the level of startle and surprise".

It's interesting, almost profound, how we can relate startle response when faced with someone who is in cardiac arrest. In our Basic Life Support/CPR Certification Course, we hammer home the fact that we can teach the "mechanics" of CPR, but not the rescuer's mental and emotional response to the incident: their "startle response." Understanding startle response can not only assist pilots, but the same understanding can also be applied to a rescuer faced with having to perform CPR. Knowing this emotional occurrence can help one faced with performing CPR to be more confident and less emotional. Knowing you will be startled will, alas, make you less startled. "Expect the unexpected," so to speak...

Knowing how to perform CPR is a must. It's a tool in our modern day medical response toolbox every person should know. While some places charge for CPR, the Office of Emergency Management is offering Basic Life Support CPR Certification for free through the end of the year for all KSU student, faculty, and staff. Check out the class schedule on <u>our</u> website!





Basic Rape Aggression Defense (R.A.D.) is a program of realistic self-defense tactics and techniques for women. This RAD class is inclusive and open to all women. The Basic R.A.D. class is a comprehensive, women-only course that begins with awareness, prevention, risk reduction, risk avoidance, and progresses on to the basics of hands-on defense training. The hands-on portion of the class is progressive in nature however participants learn and implement techniques at their own comfort level. R.A.D. is not a martial arts program. It is designed to help women of all ages and fitness levels avoid and escape harmful situations by teaching a strong foundation of awareness, risk reduction and avoidance strategies, which R.A.D. believes is 90 percent of self-defense training. This course is a combination of both educational and physical learning components.

R.A.D. is the only existing self-defense program with a free lifetime return and practice policy, honored worldwide. Our instructors are extensively trained and nationally certified by R.A.D. Systems.

This course if FREE for all KSU students, faculty, and staff. For Non KSU affiliates, there is a \$25 fee for the class.

The class is held over the course of four sessions. These sessions are progressive in nature and build upon techniques learned during the previous classes; to participate in simulation on the fourth day you must attend the first three days. Class is conducted from 5-8pm at the new Public Safety building located at 624 Big Shanty Road (directions will be provided):

Course Date	Time	Location		
September 9	5:00 PM - 8:00 PM	Public Safety Administrative Building 624 Big Shanty Road		
September 11	5:00 PM - 8:00 PM	Public Safety Administrative Building 624 Big Shanty Road		
September 16	5:00 PM - 8:00 PM	Public Safety Administrative Building 624 Big Shanty Road		
September 18	5:00 PM - 8:00 PM	Public Safety Administrative Building 624 Big Shanty Road		

To register for Basic R.A.D. for Women class send an email to radclasses@kennesaw.edu along with your KSU ID number.





FELING SICK? Know Where to Go!

Stay healthy this season by following this guide if you don't feel well.

	STUDENT HEALTH CLININC	URGENT CARE	EMERGENCY CARE	LOCAL PHARMACY	STAY HOME
I have been exposed to COVID-19 and I want a test		/		/	/
I have a runny nose and feel fatigued	/	/		/	/
I'm COVID-19 positive and have mild symptoms	/	/		/	/
I'm COVID-19 positive and have severe symptoms			/		
I am having trouble breathing			/		

Visit the Student Health Services website or call 470-578-6644 for more information.





Meet the Team!



James Westbrook
Director of Emergency Management
jwestbr9@kennesaw.edu



Christy Hendricks
Continuity Planner
dhendr16@kennesaw.edu



Wayne Randle
Emergency Management Coordinator
Marietta Campus
rrandle@kennesaw.edu

Jamie CaseEmergency Management Specialist
jcase6@kennesaw.edu





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on Instagram @ksuoem



on Facebook @kennesawstateOEM

Download LiveSafe

The free LiveSafe app provides students, faculty, and staff with a direct connection to campus police so that everyone can easily communicate all of their safety needs. Its easy-to-use features help you stay safe every day and enable us to provide better protection for you.

