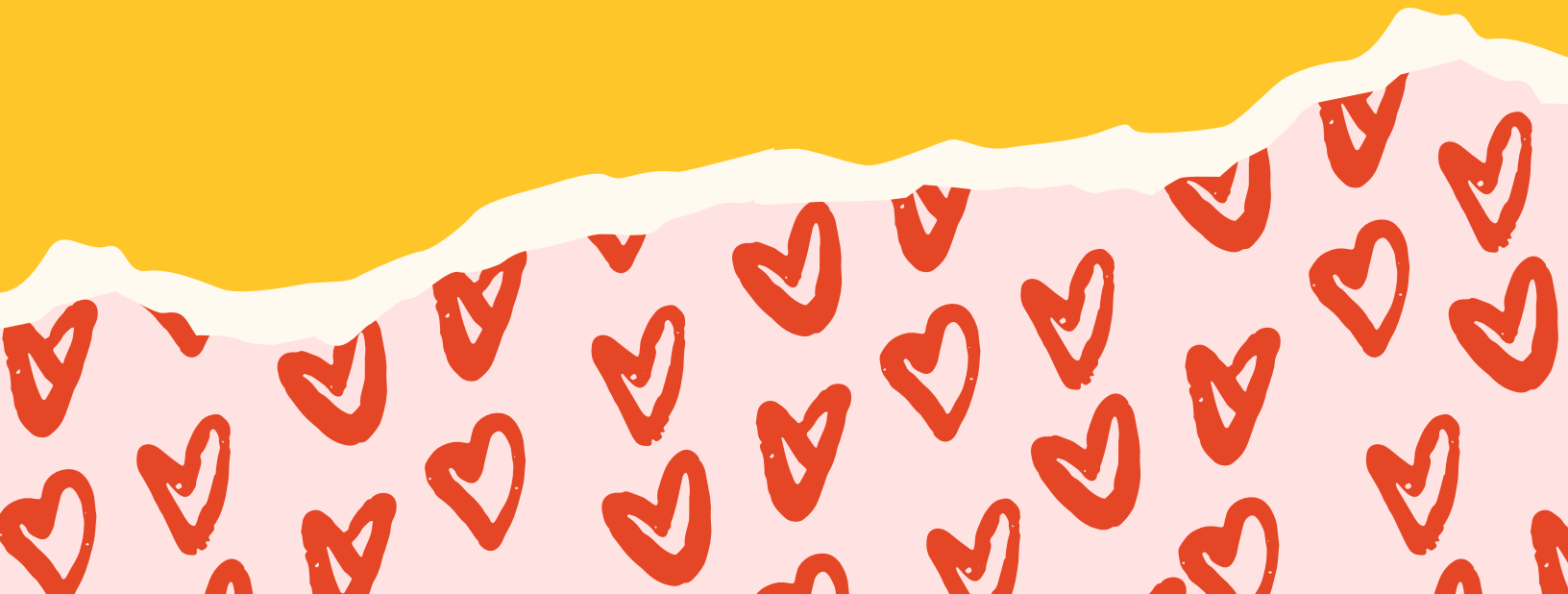




KENNESAW STATE  
UNIVERSITY  
PAULDING SITE

# FEBRUARY NEWSLETTER.

Happy Valentine's Day  
from your KSU TRIO Family!

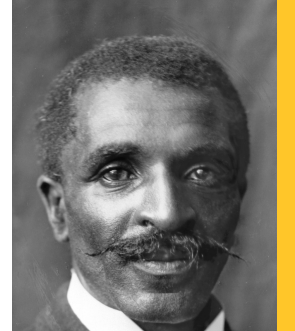
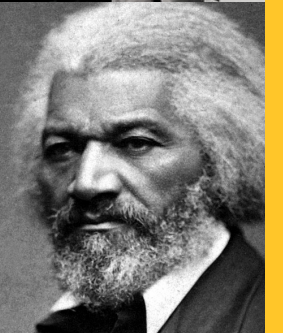
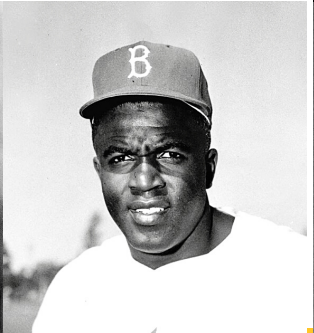
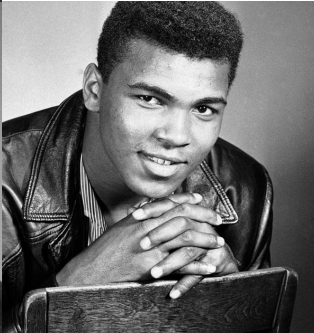
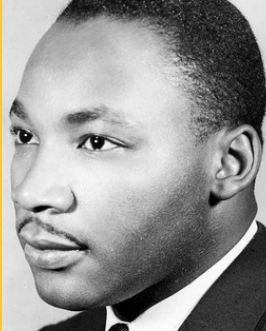
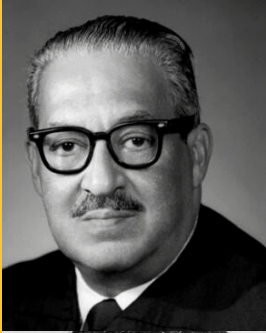


# BLACK HISTORY MONTH

In the month of February, we take a moment to celebrate and recognize the achievements of black Americans who helped shape American history. This celebration began in 1915 by Carter G. Woodson and other important black American heroes of his time. The celebration was expanded to a month in 1976, when President Ford urged Americans to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history."

This is a time to celebrate the diversity of America, and honor those who shaped our nation into a better place for future generations. As we continue into the historic year of 2021 with the most diverse government America has ever had, it is important to learn about those whose sacrifices made it possible. To research more about these invaluable contributions of black Americans, click [here](#).

"Every great dream begins with a dreamer. Always remember, you have within you strength, the patience, and the passion to reach for the stars to change the world." - Harriet Tubman



# WORLD CANCER DAY

World Cancer Day is a day for the entire world to unite together and help. According to ACS researchers, there will be an estimate of 1.9 million new cancer cases in the year 2021 and more than 600,000 people will die from cancer. With public awareness, political literacy, and understanding cancer we can reduce fears and misconceptions. Today, we are more educated about cancer than ever before. By spreading awareness we can learn how to detect early signs and plan for treatment. World Cancer states that more than one-third of cancer cases can be prevented and the other third can be cured if detected early enough.

"WHERE THERE  
IS LOVE THERE  
IS LIFE." -  
MAHATMA  
GANDHI

## EARLY CANCER WARNING SIGNS:

- *Unexplained weight loss* - If you lose 1- pounds or more for no reason it could be nothing to worry about. However, this could be a sign of cancer.
- *Skin Change* - Changes in moles, yellowing of eyes or fingertips. Look for asymmetrical or jagged moles, dark in color or large and growing.
- *Pain* - Pain that does not go away and you do not know how the pain started.
- *Fever* - A fever mostly at night. No other signs of infection.
- *Fatigue* - Extreme fatigue that does not improve.

You can donate and show support and take action for a cancer-free world by donating below

StackPath  
[Click here to visit the page.](#)





# UPWARD BOUND REMINDERS

***First Annual 2021 College fair:*** This takes place February 6th from 10:00 am-2:35 pm! There will be a variety of colleges there to answer any questions you and your parents may have about the schools! Please join us.

***ACT/SAT Sign up*** - Please contact your success coach or academic advisors if you need to register for either test.

***Complete your monthly stipend check requirements*** - These requirements are necessary to keep your place in the program. Please stay on top of them and keep in mind the work will truly benefit you. If you are having issues completing an assignment please contact us.

***Kaplan Meetings*** - These meetings are on Saturday mornings via zoom meetings. These meetings help prepare you for tests like the ACT and SAT. They also help boost your academic knowledge and skills. Make sure you attend these.

***Stay in communication*** - Communication is key while in the upward bound program. While times are difficult please make sure to reach out and let your advisers and success coaches know you are okay and understanding material each month.



## Tayo Rockson Key Note Address



Thursday, February 18th at 6:00pm  
Zoom Link on  
<https://carc.kennesaw.edu/>

Tayo Rockson is a speaker, writer, podcaster, consultant, professor, co-founder, and much more. Rockson works as a brand strategist at UYD management which is a consulting firm that empowers companies and organizations that incorporate diversity and inclusion practices. Watch his black history month speech for Kennesaw State University and check out the link for more KSU events this month.



# SPOTLIGHT STUDENTS



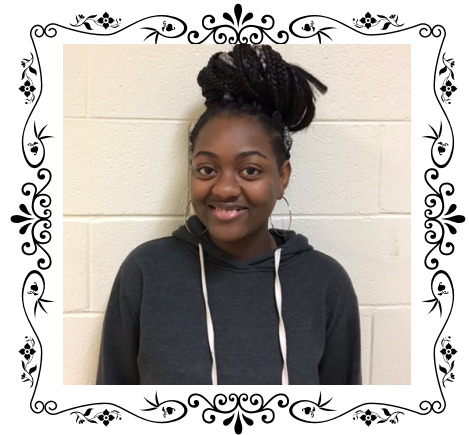
Julie Heyliger, Upward Bound  
Math Science

Julie Heyliger is a current junior at East Paulding High School. Julie has been in the UBMS program since she was a freshman. Julie is such a joy to have in the program! She is always willing to lend a helping hand in any way that she can. She always makes sure to complete assignments and stay in contact with staff. Julie is one of three siblings who are currently in the UBMS program and is credited with her two brothers pursuing the UBMS program. Julie is interested in attending Savannah State University or Georgia State University and her major is undecided. Congratulations Julie!



Yessica Perez,  
Polk Upward Bound

Yessica Perez is a brand new member of Upward Bound, and has been crushing it since day 1! Yessica is a sophomore at Cedartown High School who on top of participating in Upward Bound, has been facing her fears in class! Yessica had a speech in American Lit that she was very nervous about due to being really introverted and usually having a hard time participating in class. However, she did an amazing job and got a 105 on her speech! Well done Yessica, keep up the great work!



Markeyla Hughes,  
Hiram Upward Bound

Markeyla Hughes is a senior at Hiram High School. Hughes has been apart of our Upward Bound program for all four years of her high school experience. She has recently been accepted into six different colleges, Georgia State Georgia Southern, Savannah State, Albany State, Kennesaw State, and Clark Atlanta! Hughes' hard work and dedication is paying off and she continues to amaze us. She plans on pursuing a business/ entrepreneurship and law degree. Well done Markeyla, we are excited to see you have a successful future.