

Chorus I

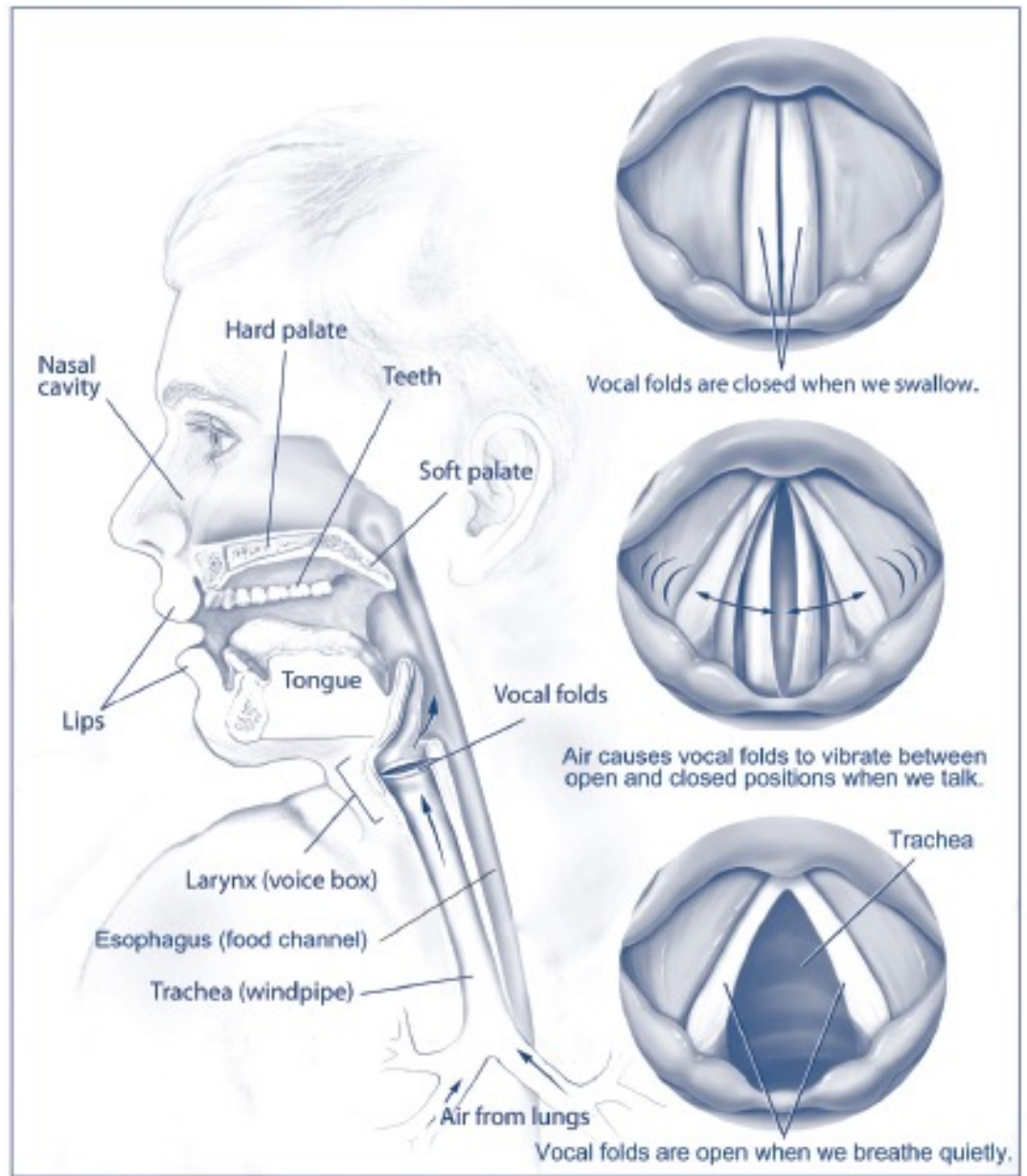
KSU Masterclass

Vocal Health for the High School Senior Accompanying PowerPoint

Vocal Anatomy

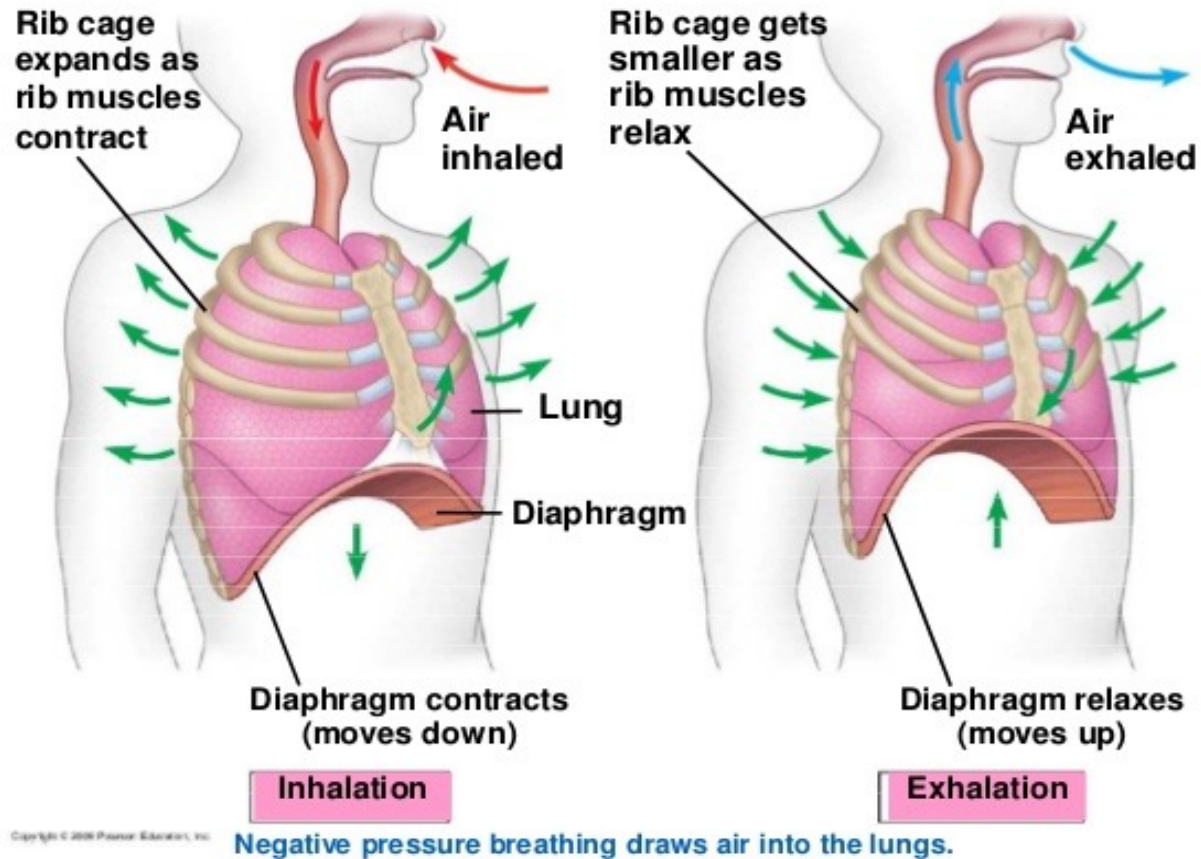
Important Elements

- Vocal folds
- Soft palate
- Hard palate
- Larynx



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Elements of Breathing



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Why are warmups important?

1. Warmups prepare the body to sing
 - Singing takes more than just the voice!
 - Breathing exercises “wake up” the body.
2. Warmups expand your range and improve your vocal tone.
3. Warmups help us practice together as a team

Vocal Warmups

Focus: Breathing

- Breathe in for 4 beats, hiss out like a snake for 8 beats
- Breathe in for 4 beats, hiss out like a snake for 12 beats
- Breathe in for 4 beats, hiss out like a snake for 16 beats
- Echo these consonant patterns:
 - P P P P - T T H T T H - C H S C H S - F F F F

Vocal Warmups: Focus: Placement

(Start in F Major and descend)

- Noooooooooooooooooooo
(Sol-Fa-Mi-Re-Do)

- Hum and “chew” (move jaw)
(Sol-Fa-Mi-Re-Do)

Vocal Warmups

Focus: Energy and Breath Support

Start in D Major

- Lip Buzz

Do-Re-Mi-Fa-Sol-Fa-Mi-Re-Do

- Busy Busy Busy Busy Bee, Buzz Buzz

Do-Re Mi-Fa Sol-Fa Mi-Re Do Sol Do

Vocal Warmups

Focus: Range Extension

Start in F Major and Ascend

Ha-Ha-Ha-Ha-Ha

Do Mi Sol Mi Do

Zee- he- ahhhhhhh

Do Mi Sol Fa Mi Re Do

Vocal Warmups

Focus: Diction

Start in D Major

Mama Made Me Mash My M & M's I Cried
Do Re Mi Fa Sol Fa Mi Re Do Sol Do

She Sells Sea Shells By The Sea Shore
Do Mi Sol Sol So Fa Mi Re Do

Vocal Warmups

Focus: Vowel Unification/Purity

Start in D Major

Nee-Neh-Nah-Naw-Noo

D-M R-F M-S F-R Do

Neeeeeeeeeee

La Ti Do Ti La

Vocal Warmups

Focus: Relaxation/Lower Range

Start in D Major and Descend

Double Bubble Double Bubble Gum

Sol Sol Fa Fa Mi Mi Re Re Do

Vee Vah Vee Vah Vee Vah Vee Vah Vee

Sol Mi Fa Re Mi Do Re Ti Do

Discussion

- Why is it important to maintain vocal health?
- What do you think is the most important factor in the success of an audition?
- What factors do you think you should consider when choosing a song for an audition?

KSU Masterclass Video Discussion

- How do you choose the best song for an audition?
- How can you calm yourself when you are nervous about an audition?
- What are some steps to sound your best as you are preparing a song for an audition?